

Patient Brochures

National Heart, Lung, Blood Institute

http://www.nhlbi.nih.gov/health/pubs/pub_gen.htm

Booklets with information on diet, cholesterol, physical fitness and more.

Heart Healthy Cooking African American Style <http://tinyurl.com/3xkf7q>

Booklet which brings together many recipes prepared in heart healthy ways.

HP201 African American Gateway

http://hin.nhlbi.nih.gov/minority/aa_frameset.htm

Gateway toward achieving Healthy People 2010 goals; includes resources, conferences and more.

Prostate Cancer Screening: A Decision Guide for African Americans

<http://www.cdc.gov/cancer/prostate/prospdf/aaprosguide.pdf>

Discusses the pros and cons of prostate screening

This pamphlet can be found ready to print at:
http://nnlm.gov/training/resources/african_american_resourcesNNLM.rtf

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Middle Atlantic Region

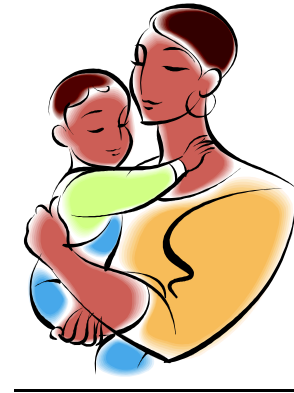
New York University
Delaware, New Jersey, New York, Pennsylvania

The Regional Medical Library supports collaboration among libraries and information centers that serve health information needs in Delaware, New Jersey, New York, and Pennsylvania.

Academic libraries, school libraries, and public libraries can help you find additional resources through partnerships with the hospital and health science libraries in this region. www.senylrc.org/misp

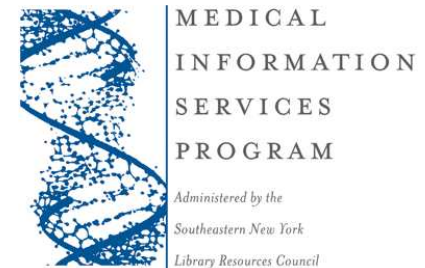
Requests for information found in medical or specialized healthcare journals, but not available in your own library or system, can be filled through **the New York State Medical Information Services Program (MISP)** administered by Southeastern NY Library Resources Council.

**Get Connected
to Health Information!**



African American Online Resources

**For quality medical
information you can trust**



General Health Resources

MedlinePlus <http://medlineplus.gov/>

MedlinePlus is the National Library of Medicine's web site for **free** consumer health information. It is a selective list of authoritative health information resources from the National Institutes of Health (NIH) and other organizations.

- Over 700 health topics,
- Generic, brand name prescription and over the counter drugs;
- An illustrated medical encyclopedia
- Medical dictionary
- Clinical research studies
- Directories that include locations and credentials of doctors, dentists and hospitals.

MedlinePlus African American Health
<http://www.nlm.nih.gov/medlineplus/africanamericanhealth.html>

Alzheimer's Association: African Americans and Alzheimer's Disease
<http://tinyurl.com/2skswp>

Information about the impact of Alzheimer's in the Black/African American community.

Black American Web Health & Fitness
<http://www.blackamericaweb.com/site.aspx/health/health>

A partnership between the Office of Minority Health and Black American Web

National Women's Health Information Center
<http://www.womenshealth.gov/>

A gateway to a vast array of Federal and other women's health information resources.

African American Women
<http://www.womenshealth.gov/minority/africanamerican/>

Includes links to health topics of special concern to African American women.

National Medical Association
<http://www.nmanet.org/>

The NMA promotes the collective interests of physicians and patients of African descent. They serve as the collective voice of physicians of African descent and they are a leading force for parity in medicine, elimination of health disparities and promotion of optimal health.

National Institute of Diabetes and Digestive Kidney Diseases
<http://diabetes.niddk.nih.gov/>

Information on a broad spectrum of metabolic diseases such as diabetes and endocrine disorders.

Health Information Publications
<http://www2.niddk.nih.gov/HealthEducation/default>
Easy to Read Publications
<http://www2.niddk.nih.gov/HealthEducation/HealthEzToRead>

Healthfinder
<http://www.healthfinder.gov/>

Healthfinder is a free gateway to reliable consumer health and human services information.

"Just for You"
<http://www.healthfinder.gov/justforyou/>

Focuses on special health concerns based on gender, age, race, ethnic origin.

BlackHealthcare.com
<http://blackhealthcare.com/>

A culturally oriented and ethnically focused comprehensive internet-based health and medical information provider dedicated to addressing the special health problems of African-Americans.

Closing the Gap
<http://www.omhrc.gov/healthgap/index>

A national campaign to bring the best health information to African Americans and other communities of color, and to help consumers take charge of their health.

Journey to Wellness
<http://www.journeytowellness.com/>

This online health magazine and community is designed to provide credible health information for African-Americans in a consumer-friendly format.